



Indiana Walk and Bike to School Challenge 10 Days of Fun on Your Feet May 6-17, 2013

What is 10 Days of Fun on Your Feet?

10 Days of Fun on Your Feet is a statewide Walk and Bike to School Challenge sponsored by the Indiana Safe Routes to School Partnership. The Partnership is encouraging schools to promote walking and/or bicycling to school May 6 - 11, 2013.

Why is it 10 Days of Fun on Your Feet?

The Partnership realizes that the weather this time of year is unpredictable and that schools may have other competing events. Instead of picking just one day to focus all of the efforts, the Partnership is providing a range of days for schools to choose from. A school can organize multiple events during the 10-day period, host a one-day event or just participate in National Bike to School Day on May 8. The Partnership is providing a sample calendar of the 10 days that a school can customize with special events at the local level. Special events may include Parent's Day, Grandparent's Day, School Mascot Day, Hat Day, etc. The idea is to make the 10 days fun and interesting and to get the whole community involved.

Does my school have to participate for all 10 days?

No. Each school is responsible for organizing its own local activities and can choose how many and which days to participate. However, for the Statewide Challenge, the Partnership will be tallying walking and/or bicycling numbers for all 10 days. Schools who participate on more days have a greater chance of winning prizes.

What resources are available to my school to organize 10 Days of Fun on Your Feet?

Several resources are available on the Partnership website at www.healthbydesignonline.org/INSRTS.html. Additional resources will be added as they become available. Please don't hesitate to contact us with any questions.

What does my school get for participating in 10 Days of Fun on Your Feet?

Though nothing is guaranteed, the Partnership is still working to secure prizes for participating schools. We encourage you to work with local organizations and sponsors to collect prizes that could be distributed as incentives for student participation.

Are there other walking or bicycling events scheduled?

May 8, 2013 will be [National Bike to School Day](#). Students are encouraged to bicycle to school! Events are coordinated through the National Center for Safe Routes to School, in partnership with the League of American Bicyclists, and build upon the popularity and success of Walk to School Day, held each October. More information can be found on their website www.walktoschool.org. International Walk to School Day will be held on October 9, 2013.

Who is sponsoring 10 Days of Fun on Your Feet?

10 Days of Fun on Your Feet is sponsored by the Indiana Safe Routes to School Partnership. The Partnership is a venture of Health by Design coalition members, working together to ensure that our neighborhoods, public spaces and transportation infrastructure promote physical activity and healthy living. The Partnership includes the Indiana Department of Transportation, the Indiana State Department of Health, Metropolitan Planning Organizations (MPOs), local health departments, schools and other community partners across Indiana. We collaborate to increase awareness about the federal Safe Routes to School program, improve walking and bicycling conditions (especially for youth) and host walking and bicycling events.