

HEALTH BY DESIGN

works to ensure that communities throughout Indiana have neighborhoods, public spaces and transportation infrastructure that promote

physical activity
and *healthy living.*



Health by Design's

goals

- Increase walking, biking and public transit options
- Encourage responsible land use
- Improve neighborhood, city and regional connectivity
- Reduce automobile dependency

THE BENEFITS OF ACTIVE LIVING

- Healthier residents
- Safer communities
- Cleaner air
- Greater access to jobs, shopping and services
- Strengthened economies
- Independence and mobility for all
- Enhanced social and civic engagement



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Health by Design helps create *healthy, thriving communities* by convening diverse partners, educating on best-practices, facilitating dialogue, promoting smart design, providing technical assistance and advocating for policy change.



Transportation options for people of all ages and abilities



Dedicated and adequate transit funding



Opportunities for children to walk and bike to school



Places that are safe, accessible and convenient for walking

