



OUR MISSION

Health by Design collaborates across sectors and disciplines to ensure communities in Indiana and beyond have neighborhoods, public spaces, and infrastructure that promote healthy, active living.

OUR VISION

Healthy, thriving people in equitable, vibrant communities.

OUR WORK

Health by Design is an Indiana-based nonprofit organization focused on the relationship between health and our physical environment. In other words, our work relates to how we build our communities, how we get around in our communities and, ultimately, how those two things impact the health of all the people who live in the community.

We advocate for responsible land use and increasing equitable, safe, accessible, convenient, and connected options for walking, rolling, biking, and public transit.

Our work is informed by data analysis and community-driven participation to identify opportunities to improve the quality of communities for Indiana residents.

We recognize that health behaviors are limited to the options available. We work to expand the choices all people have for accessing the places they live, work, and play, and how they get to their daily destinations. These choices may be limited by community design, neighborhood assets or barriers, and systems of power and oppression. We work to eliminate the disparities in health outcomes by changing policies, systems, and the physical environment. We combine these strategies to achieve our vision of healthy, thriving people in equitable, vibrant communities.

Beyond our core program areas, we offer content expertise on these topics, among others:

- Accessibility, including the Americans with Disabilities Act (ADA)
- Active Living
- Complete Streets
- Placemaking
- Safe Routes to Daily Destinations, such as Schools, Parks, Transit, and Food
- Land Use and Transportation Planning
- Vision Zero and Vulnerable Road User Safety

GET INVOLVED

Curious how you can find out more about active living and mobility in Indiana? Ready to advocate for your own community? Here are some ways to get started:

- Visit our website and check out our Resources page to learn about the active living topics that excite you.
- You can also visit our Public Input Opportunities page to learn about providing feedback on transportation changes at the local and state level.
- Professionals seeking to connect their work to active living can contact Health by Design for technical assistance, and attend our standing monthly meetings to learn about active living work throughout the state.
- Sign up for our newsletter, *The HbD Dispatch*, to stay up to date about Health by Design events and trainings, as well as other active living news happening throughout Indiana. *The HbD Dispatch* also includes a bi-monthly round up of resources from national organizations engaged in active living work around the country.

We achieve our goals by:



Advocating for policy change



Building community capacity



Convening diverse partners



Educating on best practices



Evaluating impact



Facilitating dialogue



Promoting smart design



Providing technical assistance

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Connect with us!

